

MY RAMADAN GUIDEBOOK

-Masud Ibn Masum

My Ramadan Guidebook is written and developed for the Muslim children, who have just entered at the age when obligatory Fasting has to be introduced to them by their parent and teachers. This booklet will help them in being familiar with the teachings of fasting with lots of interesting readings, activities and projects.

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Islamic Schools and Institutions are free to make copies for educational purpose. However we will appreciate acknowledgement. We are looking for suggestions for future edition.

Please, pray for us.

Contact us for our productions:

- Book of Activity: Allah
- My Summer Vacation
- Parents Guide for Ramadan
- Parents Guide for Summer Vacation

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Design and Graphic by:

Ali Al-Mahmud

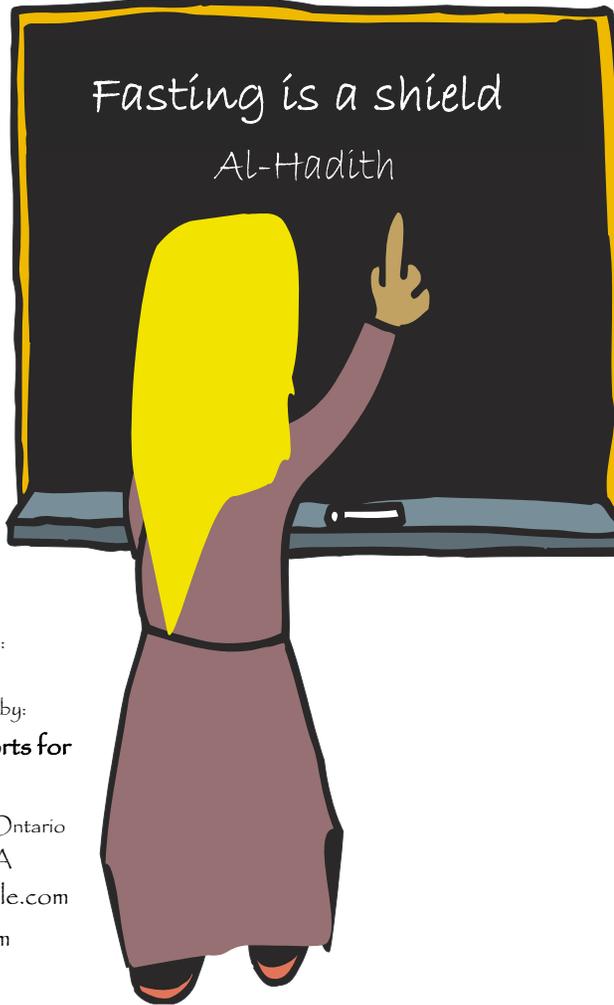
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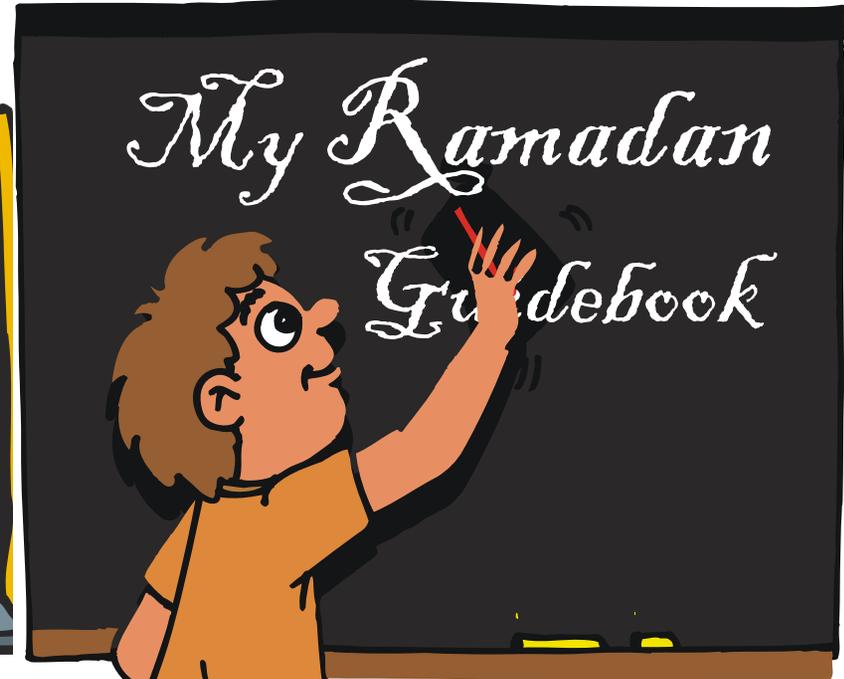
789 Crawford St., Toronto Ontario
M6G 3K4 CANADA

E-mail: masud@muslimville.com

Web: muslimville.com



MY RAMADAN GUIDEBOOK



MASUD
IBN MASUM

Islamic Teaching Supports for Children

RAMADAN CHECK LIST

About Me

Name: _____
 Date of Birth: _____
 Address: _____
 Phone: _____ Email: _____
 I am in Grade: _____

This year Ramadan is in:

Summer Fall Winter Spring

This year fasting is for how many hours?

10-11 hours 11-12 hours 12-13 hours more than 13 h.

Last year I have fasted for days.

Insha-Allah, I am going to fast for days.

Insha-Allah, I will recite the Quran:

The whole 1/2 1/3 1/4 some part

MAY ALLAH HELP ME

We are hoping for a great Eid.
 EID MUBARAK to you all.
 Inshallah we shall try to phone you on the
 Eid Day.
 Pray for us.

yours,

.....

2.

Dear Grandma,
 Assalamu Alaikum!
 You know how we will be missing you on the
 Eid Day. I still remember the sweetness of the
 food you use to prepare on Eid Day.
 Pray for us .
 EID MUBARAK.

yours,

.....

3.

Dear Grandpa/Grandma,
 Assalamu Alaikum!
 You know how we will be missing you on the
 Eid Day. I still remember the Eid occasion we
 had with you. That was a great Eid for us.
 You will be pleased to know that I could fast for
 ... days in this year. I hope to go for More
 days of fasting.
 pray for us.
 EID MUBARAK.

yours,

.....

QUICK LETTER WRITING

Are you lazy when it comes to writing letters?

Here are some help. Just fill up the blanks.

To friends.

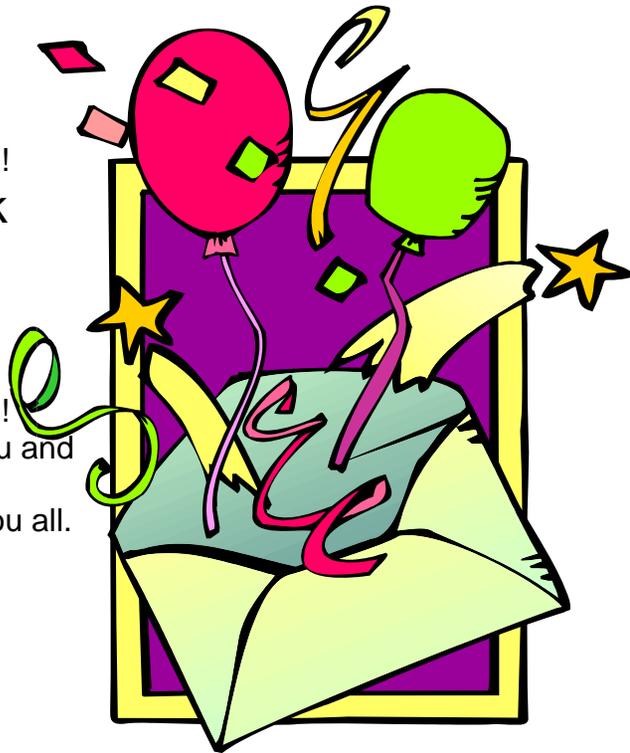
1.
Dear.....
Assalamu Alaikum!
Eid Mubarak
.....

2.
Dear.....
Assalamu Alaikum!
Eid Greeting to you and
your family.
May Allah bless you all.
Pray for us.
.....

To relatives.

1.
Respected uncle/ aunt/brother/sister.

Assalamu Alaikum!
Ramadan Mubarak. You will be pleased to know that
I could fast for ... days in this year. I hope to go
for more days of fasting.

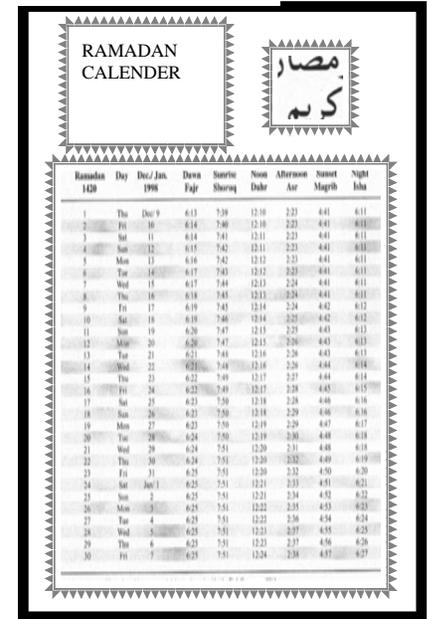


PREPARING FOR RAMADAN

RAMADAN CALENDAR

Every Muslim home should have a Ramadan Calendar. It is easy to find time of SUHUR and IFTAR in this calendar. Most of the masjid distribute Ramadan calendar free.

It really a great idea to prepare your own Ramadan calendar. Try to get a nice looking Ramadan calendar and hang it in your room.



- I have made my own Ramadan calendar
- I have got a Ramadan calendar from masjid
- My mother/ father/ brother/ sister have prepared a nice Ramadan calendar for me



GREETING THE CRESCENT

Ramadan is a lunar month. So it starts with the sight of the crescent. Throughout the Muslim world Muslims are eager to see the crescent.

What an excitement if you can see the crescent!

- I saw the crescent myself
- I have heard the news of crescent-sighting from local Masjid

A GOOD READING !

A Khutba From the Blessed Prophet Muhammad (pbuh) about Ramadan

Narrated by Salman al Farsi that the Messenger of Allah (pbuh) delivered this sermon on the last day of the month of Sha'ban.

The Prophet (pbuh) said, "All you people! A great and blessed month has arrived for you. A month with a night that is better than a thousand months. Fasting during this month is a duty, and extra prayers during its nights are voluntary. Anyone who comes closer to Allah through a good deed during this month is as if he performed an obligation during times other than Ramadan. He who fulfills an obligation in it will be like one who fulfills seventy obligations in another month. It is the month of patience, and the reward of patience is paradise."

"It is the month of comforting others (to visit the poor, the sick and the needy to share their sorrows). It is the month where the food, sustenance and the earnings of a believing Muslim increases and they are blessed."

"Anyone who invites others to break their fast at dusk will have his sins forgiven and be saved from hell. He will receive a reward equal to the fasting person without reducing his own reward at all."

"Allah will reward you even if you help the fasting Muslim to break his fast with a date, a sip of water or milk ...it is a month whose beginning is mercy, its middle is forgiveness and its last part is freedom from hell. Anyone who helps free a slave, Allah will forgive him and free him from hell."

PREPARING FOR EID

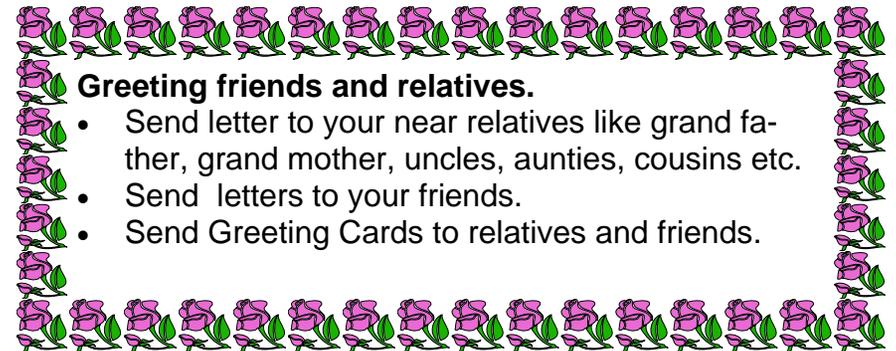
Calculating the Sadaqatul Fitr

This year our local Masjid calculated the amount of Sadaqatul Fitr as \$(A)

There are(B) persons in our family.

This year Sadaqatul Fitr for our family is
 $(A) \times (B) = \dots\dots\dots \$$

To distribute this money to poor, my parents are planning to give this amount to Masjid/ Islamic organization.



Greeting friends and relatives.

- Send letter to your near relatives like grand father, grand mother, uncles, aunties, cousins etc.
- Send letters to your friends.
- Send Greeting Cards to relatives and friends.

EID MUBARAK

THE JOY AT THE END OF RAMADAN

The end of Ramadan occurs when the crescent moon has been sighted, 29 or 30 days after the beginning of Ramadan. Following the sighting of moon Muslims celebrate an important holiday in the Islam, Eid-ul-Fitr.

People will rejoice for having able to fast. They celebrate the occasion by being grateful and thankful to Allah.

Eid festival begins with the Eid Prayer on the morning after the end of Ramadan. This prayer is held usually in a big open place or in Masjid in congregation. The Imam who lead the Prayer delivers a special lecture in front of the gathering. People celebrate rest of the day with dinner parties, family outings, visiting of friends and relatives, fairs, carnivals etc..

One of the important aspect of this day of joy is that Muslims pay a special charity called Sadaqat ul Fitr (charity of Fast Breaking) before the Eid Prayer. This is equal to the cost of one meal per person in the house. This charity is spend for the poor so that everyone of society can partake in the joy of the day. Is not this great? See how Islam teaches us to be generous to other, even in the day of joyous celebration.

“Anyone who gives water to a Muslim at fast-breaking time, Allah will give him water during the Day of Judgment from the fountain of the Prophet Muhammad (pbuh), which will quench his thirst until he enters paradise.”

What I have learned from this Hadith?

Ramadan is a..... Month.

Ramadan is a month with a night that is better than Month.

Name of that important night is

Ramadan is a month of and reward of is in heaven.

..... during Ramadan is a duty.

Ramadan is a month of visiting the, the and the

The beginning part of Ramadan is

The middle part of Ramadan is

The last part of Ramadan is



RAMADAN READING !

HOW DO WE FAST

We eat before dawn, before a special set time. The family gets up from sleep, prepares the food and the fasting people will eat and drink until they feel full enough. Taking this meal always takes place before dawn, in the very early hours of the morning when it is still dark outside.

Eating before dawn is called SUHUR.

When the time comes beyond which fasting of the day starts, a fasting person will not eat, drink or smoke. This will continue all through daytime even if he feels hungry or thirsty.

When the sun sets and it gets slightly dark outside and when the time for breaking the fast becomes due, the people who are fasting will gather to break the fast. Usually they break the fast with something light to eat. Many will do their Maghrib Prayer, then they will sit down to eat to their heart's desire. They can eat and drink as they please from the time they do break their fast until the cycle repeats itself for next-day's fasting.

Breaking of the fast is called IFTAR.



Quran and Me

I can read Quran yes no

if no, I have already started to learn reading.

I have started to learn reading in this Ramadan.

Inshallah, I shall start to learn reading after Ramadan.

I memorized surahs before Ramadan,

1-5 6-10 11-15 more than 15

I memorized surahs in this Ramadan,

1-5 6-10 11-15 more than 15

I know the meaning of following surahs.

I have learned the meaning of following surahs in this Ramadan,

May Allah help me in learning Quran

RAMADAN: THE MONTH OF THE QURAN

The Holy Quran is the final message of Allah to this world. The Quranic revelation started in this month of Ramadan. Fasting prepares us to follow the path of Allah.

In the Quran Allah has showed us His way of living in this world. And Muhammad (pbuh) has showed us how to follow Quran.

Muhammad (pbuh) was a living example of the Quran.

So, Ramadan and the Quran have a special significance in the life of a Muslim. You should try to be more closer to the Quran in this month of Ramadan.

- If you can not read the Quran start to learn reading the Quran.
- If you can read the Quran, recite more from the Quran in this month.
- Memorize the Quranic Ayats (sentences). Your parent will help you in selecting Ayats from the Quran.
- Know the meaning of some selections from the Quran. Again your parent will help you in selecting Ayats.
- Pray to Allah so that He helps you in reading, memorizing, understanding and following the teachings of the Quran.

Remember, the Quran is not only for Ramadan. The Quran is for your whole life. It's an ongoing journey till the end of our life in this world.

RAMADAN IS THE MONTH IN WHICH QURAN
WAS SENT DOWN AS A GUIDE TO HUMAN AND
(TO PROVIDE) CLEAR SIGN FOR
GUIDANCE AND JUDGEMENT.

- AL-QURAN 2:185

WHAT RAMADAN TEACHES US?

Through fasting we learn self-discipline and how to control our desires. We become the masters of ourselves for the love of Allah and out of obedience to His orders.

We wish to eat: But we control ourselves and don't eat even if we are hungry.

We wish to drink: But we control ourselves and don't drink even if we are thirsty.

This is also true of all other desires. Therefore, we learn good patience, we feel calm inside, we feel good inside, we feel clean inside. We will always remember Allah Almighty when we are fasting, thus we will have a beautiful sense of continuously remembering Allah and His orders.

During Ramadan we become especially careful about our manners and our conduct. We watch ourselves and try to reach the ideal of being good.

Ramadan is a great teacher, it teaches us to be good and helpful, to act and behave very well, to be patient and considerate, and to sacrifice willingly. All these are done for the sake of Allah.

Ramadan is not just to make you feel hungry and thirsty. Through it:

- We learn how to control our tempers.
- We learn to be patient with others and more considerate of them.
- We learn to be kind, nice and to be helpful.
- We learn to be humble.

During Ramadan we learn to be better Muslims.

We learn to follow the foot-steps of our Holy Prophet Mohammad (pbuh) more closely.

RAMADAN VOCABULARY

<i>Ayat(s)</i>	Verse of the Quran
<i>Dua</i>	Supplication
<i>Eid-ul-Adha</i>	One of the two major Islamic celebrations. This is in reference to Prophet Ibrahim's (AS) intention to sacrifice his son Ismail (AS).
<i>Eid-ul-Fitr</i>	Celebration of fast breaking at the end of Ramadan. One of the two major Islamic celebrations.
<i>Fajr Prayer</i>	Dawn Prayer, one of the five daily prayer.
<i>Hadith</i>	Saying of the Prophet Muhammad (pbuh)
<i>Hafith</i>	Someone who memorizes the whole of the Quran.
<i>Iftar</i>	Breaking of fast..
<i>Imam</i>	Leader of congregation/ Islamic community.
<i>Isha Prayer</i>	Night Prayer, last of the five daily Prayers.
<i>Khutba</i>	Islamic lecture.
<i>Lailatul Qadar</i>	Night of power: a special night to be sought during last ten days of Ramadan.
<i>Maghrib Prayer</i>	Sunset Prayer, one of the five daily prayers.
<i>Masjid(Plural:Musajid)</i>	Mosque: a place where people pray.
<i>Muslim</i>	A person who follows Islam.

Itekaf: During the last ten days of Ramadan, some Muslims perform what is known as Itekaf, or retreat. This consists of staying in masjid for the last ten days of Ramadan. They spend their time in prayer, supplications, reading & studying Quran and islamic books.

You may not be able to do the above special acts of worships, but always try to keep in mind that Ramadan is a special month.

- Do not misuse your time in the month of Ramadan.
- Try to do something good.
- Try to memorize some parts of the Quran.
- Try to memorize some dua's.
- Be serious about your five time Prayers.
- Try to be in the condition of Wudu all the time.

I have prayed Taraweeh :

some days

most of the days

whole months

I have prayed Taraweeh at:

at home

at masjid

at home & masjid

I have memorized Quran (Surah):

1-3

4-6

7-9

9-12

more than 12

I have memorized Dua's:

1-3

4-6

7-9

9-12

more than 12

RAMADAN: MONTH OF MORE PRAYERS

Ramadan is a blessed month. So, Prophet Muhammad (pbuh) used to do more and more act of worships in this month. Prophet has advised us to do more act of worship in this month. We should try to be engaged in supplications (DUA), remembrance of Allah (ZIKIR), recitation of the Quran, Voluntary Prayers and charity.

Some of the unique act of worship during Ramadan are as follows:

Taraweeh Prayer: Muslim perform this special type of prayer after Isha Prayer only in the month of Ramadan. It consists of series of two Rak'a prayers. People love to pray Taraweeh in congregation. The Holy Quran is read systematically during this prayer. Thus if you can join one of the masjid where Taraweeh prayers are done every night until reading of the Holy Quran is completed, then you are really a lucky one.

Lailatul Qadar: One particular night of the Ramadan has extra special significance. It is the exact night when the Quranic revelation started to be revealed. It is known as Lailatul Qadar.

According to the saying of the Prophet Muhammad (pbuh), it falls on one of the odd-numbered nights in the last ten days of Ramadan. So, Muslims should try to get the benefit of this blessed night by doing extra prayers, recitation of the Quran, Supplications, etc. during the last ten days of Ramadan.

<i>Quran</i>	The final book of revelation from Allah sent down to Prophet Muhammad (pbuh).
<i>Ramadan</i>	The ninth month of the Islamic calendar in which Muslims are to fast.
<i>Sallel Iaho alaihi wa sallam</i>	Peace be upon him (pbuh). The prayer to (pbuh). say when anyone says or hears the name of the Prophet Muhammad (pbuh).
<i>Sadaqatul Fitr</i>	Charity of Fast Breaking.
<i>Sawm</i>	The act of Fasting.
<i>Shaban</i>	The month before Ramadan in Islamic Calendar
<i>Sunnah</i>	The traditions of Prophet Muhammad (pbuh) as we found in his sayings and actions.
<i>Suhur</i>	The meal Muslim take before dawn as a preparation of Fasting.
<i>Surah</i>	A Quranic chapter.
<i>Takbeer</i>	Glorification of Allah.
<i>Taqwa</i>	The awareness of Allah.
<i>Taraweeh Prayer</i>	The special recommended prayer performed after Isha
<i>Ummah</i>	Muslim Community worldwide.
<i>Wudu</i>	Washing of some prescribed parts of our body before starting any prayer.
<i>Thikir</i>	Remembrance of Allah

IFTAR TIME: THE BEST TIME

When the sun declines completely past the horizon at the end of the day, then the period of fasting is over. Muslims take a small snack called an Iftar before going to pray the Maghrib Salat.

Before eating they make the following Du'a:

"Allahuma laka saumtu wa 'ala rizqika aftartu."

"O Allah I have fasted for You and with what You have provided me I break my fast."

The best things to break the fast with, according to a saying of the Blessed Prophet (pbuh), are either dates, milk or water, for they are easier on the stomach which has been empty all day.

Prophet (pbuh) said, People will be on the right path as long as they hasten the Iftar.

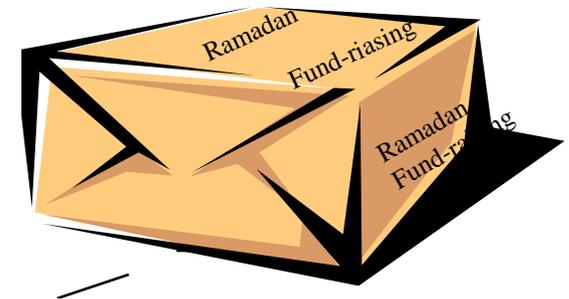
Allah, the All-mighty grants the prayer of fasting person made just before the Iftar time.

- Be polite at the time of Iftar.
- Be at the dinning table before the Iftar time.
- Recite Dua's, the Quranic Ayats, Suras as much as you can..
- Listen to the recitation of the Quran by other on tape/ Radio/Islamic Web pages.
- Make Dua's just before the Iftar time for yourself, your parents, your family members, all Muslims of this world, sick persons etc..
- Start eating the Iftar, when it is the time, with Islamic manners.



Ramadan Fund-raising

- Prepare your donation box.
- Start the fund-raising first by donating some from your own pocket.



- Keep the box handy in your house so that every member in your family can see it.
- You can approach Muslim visitor at your house for donation.

• How was the Fund-raising?

I have collected Dollars.

My parent have donated Dollars.

I have donated Dollars.

Total: Dollars.

I have sent the fund to:

.....

May Allah accept my effort.

Have you seen him who reject the religion?
That is the person who pushes the orphan aside and
does not encourage feeding the needy.
-Al- Quran 107:1-3

Ramadan: The month of Sharing



It is (Ramadan) a month of comforting other (i.e. to visit the poor, the needy, the sick to share their sorrow).
 -Al- Hadith

When you are fasting you are not allowed to drink or to eat anything during day-time. Really it is hard to fight with hunger and thirst. Thus during fasting you feel the misery of those poor people who do not have enough money to eat or to drink. This is the way you share their sorrow and misery.

Prophet Muhammad Sallel laho alaihi wa Sallam used to spend lot in this month. He (pbuh) also advised us to spend lot in this month for the poor and the needy.

Is it not a great idea to do something for the poor and the needy of this world in this month of Ramadan?



What you can do:

- Volunteer the fund-raising in your local masjid.
- Visit the sick friends, relatives, neighbour and other.
- Plan your fund-raising.



RAMADAN IN ACTION

MY FIRST DAY OF FASTING

Date.....

Taraweeh Prayer:

I have prayed Taraweeh yesterday night,
 at home in Masjid

Eating the Suhur meal:

I wake up at am.
 I took food up toam.
 I prayed Fajr Prayer atam.

How was the day?
 Today's Fasting was,
 hard not hard easy so- so
 I felt,
 hungry little-bit hungry thirsty little-bit thirsty
 Today, I read the Quran
 I prayed times in Masjid.
 I read some Islamic books.

Breaking the fasting – IFTAR:

Iftar time..... pm.

I was at home in Masjid.

The meal was,

delicious fantastic good not bad so-so

I WANT TO KNOW MORE

Books:

1. Ramadan - *Shuhaib Hamid Ghazi.*
2. My Ramadan Fun Pack - *Siddiqa Juma.*

You can go through chapters on sawm or fasting in different books. Here are some of the books.

1. Islam: Belief and teaching - *Gulam Sarwar.*
2. What Islam Is All About - *Yahiya Emerick.*
3. Ibadat: Acts of Worship - *A.S.Hashim*
4. Three Muslim Festivals: Ramadan, Eid-ul-Fitr and Eid-ul-Adha - *Sound Vision.*

Video:

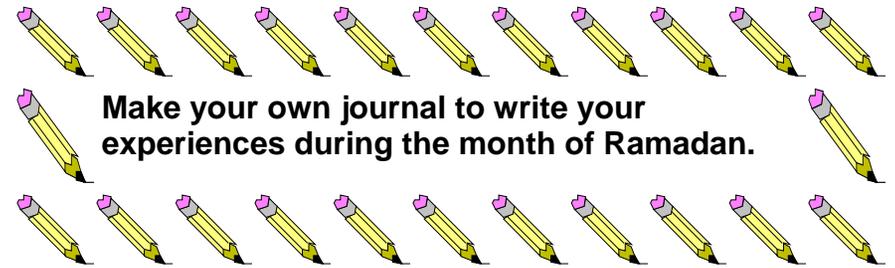
Ramadan Mubarak: Adam's World
-Sound Vision.

Audio:

Color of Islam : Dawud Wharnsby Ali's
Islamic Song.
-Sound Vision.

Look for these items in you local
Islamic book store or visit Web pages:
www.radioislam.com
www.soundvision.com

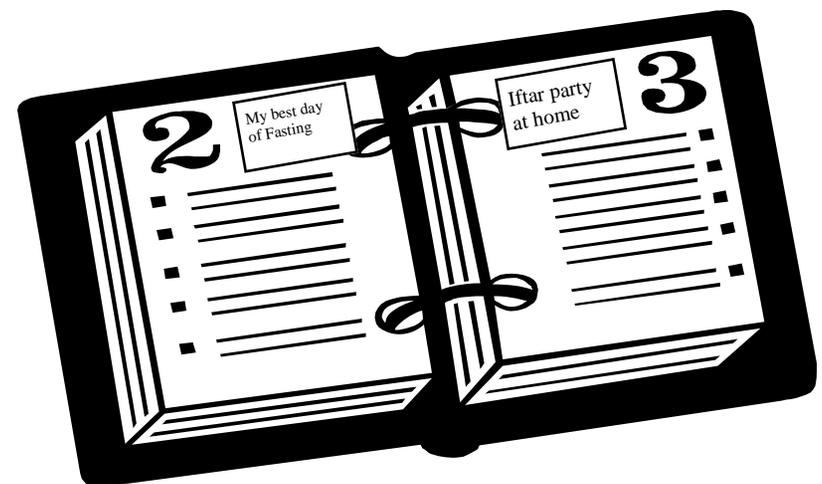
Ramadan Journal



Make your own journal to write your experiences during the month of Ramadan.

You can write in the journal your experiences of:

- First day of fasting in this year.
- Best day of fasting.
- Hardest day of fasting.
- Iftar parties
- Iftar with friends.
- Iftar at home.
- Helping mother to prepare Iftar.
- What I did on Lailatul Qadar.
- Day before Eid.
- And lot more



Write something about your project.

The name of my project

It was

an essay

poster exhibition

some posters

The idea was originally my

own

parent's

teacher's

brother's

sister's

friend's

They helped me in collecting pictures

parents

teacher

brother

sister

friend

They helped me in collecting information

parent

teacher

brother

sister

friend

Essay

I showed it to my

parent

teacher

brother

sister

friend

Posters

I showed it to my

parent

teacher

brother

sister

friend

Poster Exhibition

It was exhibited in

my school

local masjid

local islamic school

local islamic centre

RAMADAN PROJECTS

Fasting means no drinking, no eating, being away from desires—

Yes, it's not an easy job. Some time you feel like nothing to do. Why not start doing some projects in the month of Ramadan?

You may do it alone or in groups with your other Muslim friends or with your brothers or sisters.

Here are some ideas for you:

Making Ramadan posters.

- Quotations from Quran and Hadith.
- Do and Don'ts when you fast.

Ramadan the Month of Quran

- It's introductions.
- History of compilation.
- Quotations.
- Important teachings for children, etc.

You can make posters or write an essay with these information.

Ramadan in different Muslim countries.

- Collect pictures.
- Collect information from your Muslim friends from different countries about different foods they like to have during Iftar/Suhur, dresses they like to wear on the day of Eid, special foods on the day of Eid, etc.

You can make posters or write an essay with these information.

More and more ideas

Ask your teachers, parents, sisters, brothers and even your friends about more ideas.

RAMADAN POSTERS

Why not make some posters in this month?

Is it not a great idea to make posters with words from the Quran or the Hadith, related to fasting, Ramadan and Quran itself ?

Hang these in your room, dinning room and even in your school display-board with your teacher' permission.

Here are some of the examples.

